

# Breakfast

Served 9am - 11.30am

(All our eggs are laid by our Bubbleton hens the same day!)

# Lunch

Served 12 noon - 3.30pm

## Sandwiches

Served with Homemade Rainbow Slaw, Fresh Leaves & crisps:

- **Goats Cheese, Griddled Pears, walnut and balsamic glaze open sandwich** £8.00
- **Hazelwell Farm Organic Rare Breed Steak, Onion, Mushroom & Mustard Mayonnaise.** £10.50
- **Honey Roast Ham, Red Onion Chutney & Tomato** £7.00
- **Cheddar Cheese with Courgette and Pepper relish** £7.00

## Treats

**Bubbleton Scone** £3.80  
Butter, Jam and Cream and Fresh Fruit

**A selection of home-cooked cakes** £3.60  
Please view at the counter.

*Please order & pay at the counter!*

**VR** = Vegetarian Request **VgnR** = Vegan Request

**V** **Homemade Soup of the Day** £5.80

**VgnR** Served with Fresh Artisan Bread & Welsh Butter.

**V** **Hafod & Y Fenni Rarebit** £6.50

With saute Mushrooms and Wild Rocket.

Add Poached Egg: £1.00

**Vgn** **Falafel Wrap** - Sweet Potato Falafel, hummus, £8.00

tomato and salsa wrap.

Add Halloumi £1.50

**Ploughmans Lunch** - Ham, sausage roll, £9.50

local cheeses, pickled salad and crusty bread

**Vgn** **Waldorf Salad** - Underwood Farm lettuce, £8.50

celery, walnuts, apples, grapes and sea salt croutons

Add Tysil Blue Cheese / Bacon £1 each



## Little Chicks

Served 12noon - 3.30pm



**Sausages & Beans on Toast** £4.50

**V** **Penne Pasta** £4.50

With a Pesto or Tomato Sauce.

**VR** **'Little Farmers' Picnic** £5.50

Ham Sandwich, Grapes, Carrot Sticks and Crisps.

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# Breakfast

Served 9am - 11.30am

(All our eggs are laid by our Bubbleton hens the same day!)

**V** **Porridge made with Y Felin Oats** £5.50

**VgnR** - choose two toppings

Mixed berries, banana, mixed nuts, honey, strawberry jam, maple syrup, peanut butter, caldey chocolate

**Eggs Benedict** - pulled ham hock, poached eggs and hollandaise sauce on toasted muffin £9.00

**V** **Veggie Benedict** - Spinach, garlic roasted field mushrooms, poached egg and hollandaise with toasted muffin £9.00

**VgnR** **Crushed Avocado** - with chilli and lime on toasted muffins topped with poached egg and cherry tomatos £7.00

add bacon £1

**V** **Veggie Breakfast** £8.50

**VgnR** Veggie sausage, mushrooms, beans, savoury welsh-cake, fried egg, roasted cherry tomatos served with toast.

**Full Welsh Breakfast** £9.50

Sausage, bacon, mushrooms, beans, fried egg, savoury welsh-cake, roasted cherry tomatos, welsh black pudding (served with toast)

**VR** **Mini Fry** £6.70

Sausage, Bacon, Beans & Egg served with Toast.

**V** **Toast** - with our Sue's homemade Jam or Marmelade £3.00

**VgnR**

## Served all Day

**Bacon or Sausage Sandwich** £4.50

Add an Egg: £1.



Our food does contain allergens - please talk to a member of staff to discuss allergen details. All our food is cooked to order - please be patient in busy times.

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## Coffee

Coffees made with Double Shot

Add Vanilla, Caramel or Hazelnut Syrup Shot for 50p

**Americano** £2.80

Served with Milk on the side.

**Cappuccino** £3.00

**Latte** £3.00

**Flat White** £3.00

**Mocha** £3.20

**Hot Chocolate Plain** small/large £2.60/2.90

**Hot Chocolate With Cream and Marshmallows** small/large £3.40/3.70

**Babbicino** 80p

## Tea

**Tea** - Choose from tea blends below £2.40

English Breakfast,

Classic Earl Grey,

Green,

Cherry & Rhubarb,

Ceylon Orange Pekoe

Lemongrass & Ginger,

Peppermint

## Harbwr Brewery, Tenby (500ml)

MV Enterprise 4%

Sea Bass Celtic Pale Ale 3.9%

North Star Amber Ale 4.2%

## Tenby Brewing Co. (440ml)

Clean Break Pilsner 5.2%

Son of a Beach Tropical Pale 4.2%

Paridiso 4%

Night Swimming Tenby Stout 6.8%

## Soft Drinks

Please choose from the shop:

Pembroke Apple Juice. £2.50

Orange Juice. £2.00

Coca Cola £2.00

Victorian Lemonade. £2.00

Ginger Beer. £2.00

Raspberry Lemonade. £2.00

Elderflower Pressé. £2.00

Princes Gate Water - Sparkling or Still. £1.50

Strawberry or Chocolate flavoured Milk. £1.50

Milkshakes £3.90

Strawberry / Banana / Chocolate

Real Milkshake- made with frozen yoghurt, milk and real fruit

## Alcoholic Drinks

### Beer

#### Glamorgan Brewing Co.

Jemima's Pitchfork 4.5% (500ml) £4.00

Welsh Lager 4.7% (440ml) £4.00

Dead Canary 5% (440ml) £4.00

Welsh Pale Ale 4.3% (500ml) £4.00

### Cider (500ml)

Orchard Gold Sweat cider 4.9% £4.40

Pembrokeshire Cider Co. Dry Henry VII 6% £4.40

Black Dragon dry Cider 6.5% £4.40

### Wine

#### House White Wine

Sauvignon Blanc 125ml 175ml 250ml Bottle £4.00 £5.00 £6.00 £14.00

Pinot Grigio

#### House Red Wine

Shiraz 125ml 175ml 250ml Bottle £4.00 £5.00 £6.00 £14.00

Pinot Noir

#### House Prosecco

200ml Bottle £6.00 Bottle £16.00

#### Local Welsh Gin

With choice of Tonic. £6.50